

MONDAY

- MAIN MEAL** British Slow Cooked Beef Enchilada topped with a Rich Tomato & Mozzarella Sauce
- VEGGIE MEAL** Roasted Sweet Potato & Spinach Cannelloni topped with Creamy Cheddar Sauce ✓
- SIDES** Crunchy Chophouse Salad & Hand Cut Potato Wedges ✓
- DESSERT** Retro Jam Sponge with Custard ✓

TUESDAY

- MAIN MEAL** Tandoori Chicken Masala Curry with Turmeric Infused Rice
- VEGGIE MEAL** Mediterranean Roasted Vegetable Calzone ✓
- SIDES** Green Beans & Red Slaw Salad ✓
- DESSERT** Spiced Apple & Honey Oaty Crumble with Custard ✓

WEDNESDAY

- MAIN MEAL** Honey Glazed Farm Assured Gammon with Roast Potatoes
- VEGGIE MEAL** Roasted Cherry Tomato & Broccoli Tart with Side Salad or Vegetables ✓
- SIDES** Roasted Seasonal Root Vegetables & Savoy Cabbage ✓
- DESSERT** Chocolate & Pear Sponge with Chocolate Custard ✓

THURSDAY

- MAIN MEAL** British Cumberland Sausages with Mashed Potato, Sage & Red Onion Gravy in a Yorkshire Pudding
- VEGGIE MEAL** Butterbean & Mushroom Stroganoff with Ribbons of Tagliatelle ✓
- SIDES** Carrots & Sweetcorn ✓
- DESSERT** Fruit Pancake with Vanilla Ice Cream ✓

FRIDAY

- MAIN MEAL** Battered Fish & Chips with Tartar Sauce
- VEGGIE MEAL** Ultimate Mac & Cheese with Garlic Bread Shard ✓
- SIDES** Smoky BBQ Baked Beans & Garden Peas ✓
- DESSERT** Vanilla Shortbread Biscuit ✓

29TH OCT, 19TH NOV, 10TH DEC, 31ST DEC, 21ST JAN, 11TH FEB, 4TH MAR, 25TH MAR
WEEK I - S

MONDAY

- MAIN MEAL** Texas BBQ Chicken Pizza
with Hand Cut Potato Wedges
- VEGGIE MEAL** Balsamic Roasted Tomato, Basil & Pasta Bake Glazed
with Mozzarella ✓
- SIDES** Boston Baked Beans & Sweetcorn ✓
- DESSERT** Caramelised Apple & Plum Crunchy Crumble with Custard ✓

TUESDAY

- MAIN MEAL** Mild Chilli Beef Taco & Minted Yoghurt
with Chunky Tomato Salsa Salad
- VEGGIE MEAL** Chargrilled Spicy Fajitas with Mexican Rice ✓
- SIDES** Green Beans & Salsa Salad ✓
- DESSERT** Carrot Cake with Custard ✓

WEDNESDAY

- MAIN MEAL** Lemon & Thyme Roasted British Chicken & Stuffing
with Roast Potatoes
- VEGGIE MEAL** Five Bean & Barley Cassoulet with Fresh Herb Dumplings ✓
- SIDES** Roasted Seasonal Root Vegetables & Garden Peas ✓
- DESSERT** Marbled Chocolate Sponge with Chocolate Custard ✓

THURSDAY

- MAIN MEAL** Farm Assured Beef Lasagne with a Garlic Bread Shard
- VEGGIE MEAL** Mild Vegetable Chilli Taco & Minted Yoghurt
with Chunky Tomato Salad ✓
- SIDES** Carrots & Broccoli ✓
- DESSERT** Red Cherry & Apple Puff Pastry Pie with Vanilla Ice Cream ✓

FRIDAY

- MAIN MEAL** Battered Fish & Chips with Tartar Sauce
- VEGGIE MEAL** Free Range Egg, Cheese & Vegetable Frittata with Chips ✓
- SIDES** Baked Beans & Garden Peas ✓
- DESSERT** Chocolate & Beetroot Brownie ✓

5TH NOV, 26TH NOV, 17TH DEC, 7TH JAN, 28TH JAN, 18TH FEB, 11TH MAR, 1ST APR
WEEK 2 - S

MONDAY

MAIN MEAL	Traditional Beef Bolognese Sauce with Herbed Spaghetti
VEGGIE MEAL	Red Lentil & Cheese Loaf with a Rich Tomato Sauce & Hand Cut Potato Wedges ✓
SIDES	Broccoli & Carrots ✓
DESSERT	Poached Pear & Apple Crumble with Custard ✓

TUESDAY

MAIN MEAL	Chargrilled Spicy Chicken Fajitas with Mexican Sweet Pepper Rice
VEGGIE MEAL	Linda McCartney Sausages with Mashed Potato & Caramelised Red Onion Gravy in a Yorkshire Pudding ✓
SIDES	Sweetcorn or Baby Leaf & Tomato Salad ✓
DESSERT	Sticky Toffee Pudding with Custard ✓

WEDNESDAY

MAIN MEAL	Roast Turkey, Stuffing & Bread Sauce with Roast Potatoes
VEGGIE MEAL	Rosemary, Feta & Pepper Quiche with Roast Potatoes ✓
SIDES	Roasted Seasonal Root Vegetables & Curly Kale ✓
DESSERT	Warm Waffle with Chocolate Custard ✓

THURSDAY

MAIN MEAL	Classic Homemade British Beef Burger with Cajun Wedges
VEGGIE MEAL	Sweet & Spiced Potato & Chickpea Keralan Curry with Lemon Infused Rice ✓
SIDES	Carrots & Cauliflower ✓
DESSERT	Apple & Blackcurrant Shortcrust Pastry Pie with Custard ✓

FRIDAY

MAIN MEAL	Battered Fish & Chips with Tartar Sauce
VEGGIE MEAL	BBQ Pulled Carrot & Bean Slider with Mozzarella Cheese ✓
SIDES	Baked Beans & Garden Peas ✓
DESSERT	Baked Banana Flapjack ✓

22ND OCT, 12TH NOV, 3RD DEC, 24TH DEC, 14TH JAN, 4TH FEB, 25TH FEB, 18TH MAR
WEEK 3 - S