

## How can you get in touch?

### North area school health nurse office

**contact details** (covering Banbury, Bicester, Carterton and Witney)

E: [oxfordhealth.BanburySchoolNurses@nhs.net](mailto:oxfordhealth.BanburySchoolNurses@nhs.net)

Tel: 01865 904234

### South area school health nurse office

**contact details** (covering Abingdon, Didcot, Wantage, Henley and Wallingford)

Email: [oxfordhealth.abingdonSHNS@nhs.net](mailto:oxfordhealth.abingdonSHNS@nhs.net)

Tel: 01865 904890

### Oxford city and central area school health nurse office contact details

Email:

[oxfordhealth.OxfordCitySchoolNurses@nhs.net](mailto:oxfordhealth.OxfordCitySchoolNurses@nhs.net)

Tel: 01865 904225

If you need the information in another language or format please ask us

Nëse ky informacion ju nevojitet në një gjuhë apo format tjetër, ju lutem na kontaktoni

আপনি যদি এই তথ্যাদি অন্য কোন ভাষায় বা মাধ্যমে (ফরম্যাট) পেতে চান তবে দয়া করে আমাদেরকে বলুন

જો તમને આ માહિતી બીજી ભાષામાં અથવા બીજા આકારમાં ખોઈએ, તો કૃપા કરીને અમને પૂછો

यदि आपको यह जानकारी किसी दूसरी भाषा या आकार में चाहिए हो तो कृपया हम से पूछें

若您需要本信息的另一种语言或格式的版本, 请与我们联系

ନେବ ବ୍ରହ୍ମାଣ୍ଡ ଡିଅ ନାଟକରୀ ବିନୀ ସୁନୀ ବ୍ରାହ୍ମା ନାଁ ନବଳ ଟିଅ ଚାଟୀଟୀ ଟେ ବା ବିବଧା ବବ ବେ ନାଟୁ ପୁଢ଼ି

اگر آپ کو یہ معلومات کسی دوسری زبان میں یا کسی دوسرے طریقہ سے درکار ہیں تو براہ کرم ہم سے پوچھیں:-

Oxford Health NHS Foundation Trust

Trust Headquarters

Warneford Hospital

Headington

Oxford

OX3 7JX

Switchboard: 01865 901000

Email: [enquiries@oxfordhealth.nhs.uk](mailto:enquiries@oxfordhealth.nhs.uk)

Website: [www.oxfordhealth.nhs.uk](http://www.oxfordhealth.nhs.uk)



School health nurses (SHN)

Getting to know  
your School Health  
Nurse (SHN)  
Service

## Who are we?

The school health nurses are employed by Oxford Health NHS Foundation Trust to help keep your child healthy and are based in secondary schools and the community.



## What do we do?

- We are qualified nurses or midwives with specialist training in public health for children, young people and families.
- We work with local communities, the whole family and individual children in different settings, for example in homes, children's centres, schools and GP surgeries.
- School nurses lead and deliver the Healthy Child Programme for five to 19 year olds, working predominately with children, young people and families.

- We work closely with other health services, including schools, to ensure that the child's health needs are met.
- We are skilled in spotting health problems or concerns early, so that we can provide early support.
- We work with other services to make sure each and every child and young person lives in a safe environment.

The Healthy Child Programme is a programme for children, young people and families with a focus on early intervention and prevention and offers research-based guidance on development reviews, immunisations, screenings and healthy choices.



## How can we help?

- We provide a confidential health service.
- We help support the physical and emotional health and wellbeing of children, young people and families.

- We provide advice on healthy choices, for example healthy eating, dental health, sexual health and substance misuse.
- We work closely with your child's school to promote a healthy lifestyle, including diet and exercise.
- We offer health reviews to ensure your child continues to reach their full potential by promoting optimal health and wellbeing for all children and young people.
- We offer a childhood immunisation programme which ensures your child is protected against disease and infection.
- We offer support and information for teenage parents.
- We provide specific support for families with complex needs such as diabetes and asthma, so that your child can continue to enjoy their education at school.
- We work in partnership with outside agencies to promote the rights and educational needs of young carers.
- We offer advice and information on the issues of bed wetting and constipation.